

PASTOR'S NOTE:

In the early 1990's the New York Mets signed the two best free agents. Everyone agreed that the Mets would most likely win the World Series. Instead of winning the championship, the Mets finished last in their division. People agreed that to win could not solely be based on the level of your talent but must include a focus on the team's performance rather than just individual performances. So their lack of success had most to do with their lack of focus on the team.

In this Sunday's Gospel, the Lord is also calling us to a focus. In the Gospel three people come to Jesus and offer to follow him. To the first he says that "the Son of Man has nowhere to lay his head." To the second, he says, "let the dead bury their own dead; but as for you, go and proclaim the kingdom of God." And, to the last one he says, "No one who puts a hand to the plough and looks back is fit for the kingdom of God." The words of Jesus do not sound, on the surface, to be overly encouraging. Instead they seem cold and overly demanding. The Lord, however, does not want cold and obligated disciples, he wants passionate and free proclaimers of the Good News. As St. Paul says in the Second Reading, "Christ has set us free." The key to understanding the focus that the Lord is teaching us can be seen in the words of St. Paul where he writes, "For you were called to freedom....but through love became slaves to one another." The focus then that Jesus is speaking of is not bound to a personal or social agenda or program but is on the experience of the love received from a loving God.

In a world filled with activity, distraction and temptation, the focus of discipleship seems impossible. Our faith however does not merely come from our minds, it comes from our hearts. If we think in our lives of those things to which we're most committed, they tend to be things and persons for whom we have the most love. We give lots of focus to a loved family member or friend. In the same way, the following of Christ comes from and gives flesh to the love we are coming to feel for God. With love no hardship can be too heavy and no demand too great. In a similar way, a disciple of the Lord may feel the heaviness of the Cross but the disciple also feels the joy of loving freely. As we love freely, the heaviness begins to feel light and even begins to feel like a delight. Like St. Paul said we have no desire to "devour one another"

but rather, to love one another. And the loving of one another is not fundamentally an idea, but it is an expression of our transformation into the love that is God.

God Bless and Take Care. Fr. John

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Saturday, August 3
11am to 3pm
Woodbine Beach Park
Picnic Area #1
(1675 Lakeshore Blvd. E.)

Come together and celebrate as a community!

Join the fun and games!

Prizes, Treats and so much more!

It's Potluck, so bring something to share and we'll provide BBQ hot dogs, watermelon and chips. Bring along a lawn chair or a mat to sit on and don't forget the sunscreen.

Call us at 416-924-6257 or email info@lourdes.to to let us know if you will be coming (so that we can estimate how many hot dogs we'll need).

If you would like to help us organize this community gathering, give us a call. We would love to have you on our team!

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Monday, July 1st is Canada Day. Our Parish Office will be closed. Enjoy the holiday and we'll see you during our regular Office hours, 9am to 5pm on Tuesday, July 2nd. Happy Canada Day!

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Exposition of the Blessed Sacrament
Every 1st Friday of the Month
From 8:30 am until 7pm.

Come and spend some time in quiet prayer.

Next date: **Friday, July 5, 2019.**

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Regis student is beginning an internship in Spiritual Direction starting September: If you or someone you know wishes to be companioned on their prayer journey while discerning God's will for you in your life, this encounter may be of interest to you. For more information contact Grace at 416-241-1884.

MASS INTENTIONS FOR THE WEEK

Monday, July 1

8:00 am MARIE MARTHE JUNEAU + [Mary & Leo]
 12:10pm ANNE MARIE HYPPOLITE + [Myrtho & Grandkids]
 5:15 pm Wedding Anniversary – Eli & Luz [Luz]

Tuesday, July 2

8:00 am Thanksgiving [Belen Family]
 12:10 pm John Lucien Beaudoin & JOYCE JONES + [Weena]
 5:15 pm Thanksgiving for God Blessings – MARTA CZABAN
 [Friend]

Wednesday, July 3

8:00 am Richard R. Agustin + [Bhelle]
 12:10 pm NORMA CARPENTER + [The Grail Canada]
 5:15 pm Arthur Dykins & Antonio Garcia Sr. + [Garcia Family]

Thursday, July 4

8:00 am Pacifico Torio + [Gloria Torio]
 12:10pm ERLINDA BERGONIA & Family
 5:15 pm Paulo Gabriel Perez + [Rowena Perez]

Friday, July 5

8:00 am SAMANTHA BEVIN HARDING + [Family]
 12:10pm Thanksgiving – In honour of Our Lady & St. Clare
 [Devotees of Our Lady]
 5:15 pm All Souls in Purgatory [Cora Balatero]

Saturday, July 6

8:00 am Guy Couture + [Family]
 12:10pm Francisco German & Isidro Fernando Panameno's Intention
 [Alvarenga Family]

PLEASE PRAY FOR THE RECENTLY DECEASED:

Mercuria Dantes, Rustico Arias
Rosemary Pakkiyarajah, Leonora Baes

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Our Lady of Mount Carmel Niagara Falls Pilgrimage

Join St. John the Baptist Parish, for their annual Pilgrimage to the Sanctuary of Our Lady of Mount Carmel in Niagara Falls on Saturday, July 13 8:45am - 6pm. The cost is \$30. Please bring your own Food. For more info or for tickets, call Carlos 416-360-7005 or Cicely at 416-759-3976.

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BEAUTY FROM OUR FAITH

Every one should try to have his heart always occupied and filled with God, to love Him and think of Him only, and whether alone or with others never to be out of his presence.
 — St. Ignatius of Loyola



Are you new to Our Lady of Lourdes?

Or are you looking to get more involved?

Learn more by visiting our recently redesigned website:

www.lourdes.to

On our website you can:

- **Register** as a parishioner
- Check out **upcoming events** in the parish
- Learn about our **family, kids & youth programs**
- Learn more about **Alpha**
- Find a **group** that's right for you
- Learn about **volunteer** opportunities and sign up to **start serving**

We can't wait to connect with you!

Lourdes @ a glance: the week of June 30 – July 6, 2019

Sun 30	Mon 1	Tues 2	Wed 3	Thurs 4	Fri 5	Sat 6
13 th Sunday in Ordinary Time Kids at Mass	Happy Canada Day! Parish Office Closed.	Alpha: What about the Church? 6pm			Exposition of the Blessed Sacrament	Baptisms