

ENGLISH**OCTOBER: For mental health ministry**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

God of life,
You know the innermost depths of our hearts—
the light and shadows within us,
the silent wounds that sometimes no one sees.

Today we bring before you our brothers and sisters
who struggle with challenges to their mental health,
who suffer in solitude with anxiety, depression, or any other mental illness.
You call them by name, with tenderness,
and in You they find dignity and hope.

Forgive us for the times we have looked the other way,
feeding the stigma and discrimination of persons with mental illnesses.
May your Church be an open house,
a safe space where everyone has a place—
a community that accompanies and never excludes,
that listens without judging and draws near without fear.

We pray to you, Lord, for those who care:
professionals, family members, volunteers—
men and women who, with patience and love,
build bridges of understanding and comfort.
Give them strength and compassion to sustain others.

Send your Spirit upon us,
that we may learn to welcome and integrate care for mental health
into the life and ministry of our communities and of the whole Church,
and thus become a living sign of your mercy,
which never abandons and always restores.

Amen.